

## ABSTRACT OF THE DISCLOSURE

A method for fusing two adjacent bones or pieces of bone includes positioning an adjustable fusion implant between two adjacent bones or pieces of bone, the fusion implant having a first plate and an opposing second plate. A portion of a tool inserted between the first plate and the second plate of the fusion implant is expanded so as to expand the fusion implant between the bones or pieces of bone. The tool is then removed from the expanded fusion implant.

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